

**ST. FRANCIS OF ASSISI  
SCHOOL**

**MENTORING INFORMATIONAL  
BOOKLET**

**2003**

## MASS INFORMATION

### SCHOOL MASS

The morning Mass begins at 8:00 a.m. so students should be in their classroom by 7:50 a.m. On the first Friday of the school year, Mass will be held at 9:00 a.m. Students attend Mass with their class throughout the week.

Mondays	No students attend
Tuesdays	7 <sup>th</sup> and 8 <sup>th</sup> grades
Wednesday	4 <sup>th</sup> , 5 <sup>th</sup> and 6 <sup>th</sup> grades
Thursday	K-AM, 1 <sup>st</sup> , 2 <sup>nd</sup> and 3 <sup>rd</sup>
Friday	All school Mass except for K-AM

Enclosed is a seating chart for the Friday all school Mass. Adults are requested to sit in the blackened pews in the back of church. For the remaining days (Tuesday, Wednesday and Thursday), you may sit in the 4-6 pews from the back.

### CLASS MASS

Each class coordinates a special class Mass twice a year. The first is on their designated day and the second as the Friday all school Mass. The room is in charge of all Mass parts for that day (reading from the ambo, offertory procession, banner, and cantor (4<sup>th</sup> grade and up). The students should be in their classrooms the morning of their Mass by 7:30 a.m. Your child's teacher will have the schedule at the room parent meeting.

Parents and family members are encouraged to attend. Some classrooms have a special donut and juice breakfast held immediately after the Friday class Mass. Parents are responsible for organizing the breakfast and food and making a paper banner for the Mass. It has been customary to buy the teacher a corsage or flowers in appreciation. Check with your child's teacher for specifics on the class Masses.

### MASS SERVERS

Mass Servers are asked to participate towards the end of 5<sup>th</sup> grade year. A priest will complete the training after the Easter season. A schedule for servers is generated

every few months. The new servers will be matched with an older child on the schedule. Servers may continue serving Mass through their 8<sup>th</sup> grade year.

## CLASSROOM INFORMATION:

### ROOM PARENTS:

Help in the classrooms as needed by the teachers. They can drive on field trips, help plan parties, offer to help bring supplies for parties and other special activities, help the teacher in individual student testing (i.e., sight words, math flash cards), help compile e-mail lists of students and any other activities the school plans.

Be aware before participating in any field trips, the diocese requires all adult volunteers to read and sign the Policy on Suspected Abuse of Children. The policy and form is found in the office and is required to be on file prior to driving for any field trips. This can be completed on a day prior to the field trip or the morning of the field trip. It does take 3-5 minutes so allow adequate time. This policy will be updated regularly and will require new signatures at that time.

Diocesan requirements also include adult drivers to have a copy of a current driver's license and proof of insurance on file with the school office. You are required to sign in and out at the office but a badge is not required.

### CLASSROOM PARTIES:

Holiday parties: Parties are held throughout the school year on various holidays. Each party and grade is different so best advice is to attend the room parent meetings at the beginning of the school year. Plans for the year are made at this meeting and you will be notified via teacher's notice.

Birthdays: All age students are allowed to celebrate their birthday and bring treats to share with their classmates. Once again, this is handled individually by the teachers, so communicate with your child's teacher if your child wishes to celebrate his/her birthday.

### **GIFT CASH COLLECTIONS FOR PRIESTS, TEACHERS OR OTHER STAFF**

The only cash gift collection organized by the school is the Christmas gift of cash for the priests of St. Francis of Assisi. A letter explaining the collection generally is sent home with the students at the first of December. The amount of money given is confidential, and the cash collected is split among the priests. The cash gifts and cards are generally presented to the priests at the Friday All-school Mass before the Christmas break.

Often a parent or parents will organize a cash gift collection for the classroom teacher, helpers, etc. There is no designated person responsible for these collections. Persons interested in doing this, usually contact another parent, and type up a letter. The letter explaining this collection, may be copied at the school, and distributed in the classroom. The letter should explain where the envelopes of money should be returned and also include that participation is optional. The letter does not need to be approved at the office but may be copied at the school office.

### **CONFERENCES:**

Teacher conferences are held each Fall. Advance notice will be sent with the students and parents may sign up for a block of time with the teacher. Students may attend. The blocks are 15 minutes. If additional time is needed, you may sign up for 2 blocks or arrange a private meeting with your teacher. You may contact your teacher directly if this is preferred. A Spring Conference is available upon request of the parent and teacher.

### **OPEN HOUSE:**

Open House is held in the beginning of September in the evening. Parents are invited to come and check out their child's classroom and meet the teacher. The evening begins in church with a prayer and a talk from the pastor and principal. The parents are then able to meet the teachers in the child's room. Since this is an evening where classroom and school policies are discussed, it is not recommended for children. An additional note that is mentioned often.....This is not a conference

time. If you feel you need to schedule a conference, you may do so for a later date as we are sure you would not want your conference done in such a public way.

### **PHYSICAL EDUCATION (PE):**

Physical Education is held in the main floor gym and in the PE room downstairs. Grades 1 through 6 have PE daily and wear their school uniforms during this class. Grades 7 & 8 also have PE daily. They are to bring shorts (no cut-offs) and a T-shirt (any type) to change into for their PE class. (Girls are allowed to wear the same shorts that are worn under their uniform, but must change shirts. Boys must change shirts and shorts.) They are assigned lockers and a lock downstairs in the PE room. They are encouraged to bring deodorant and a small hand towel. They do not as a rule take showers after class.

### **ACCELERATED READER:**

Accelerated Reader (AR) is an important part of school and is offered for grades 1<sup>st</sup> through 8<sup>th</sup>. Students pick from a large variety of AR books from different reading levels; read the book and then take a computer test based on that book. AR goals are based on the grade level of the student. AR points for that quarter are determined about a week before the quarter ends (your child will be told when that date is), except for the 4<sup>th</sup> quarter which is cut-off approximately 2 weeks before the end of school.

Students may test at the regularly scheduled library time or from 3:30 to 4:00 p.m. everyday after school except Friday. There are other open library times throughout the week, but availability depends on the teacher's schedule. Students may check out 2 library books in K-2<sup>nd</sup> grade and 4 in grades 3<sup>rd</sup>-8<sup>th</sup>, but only one AR book at a time. Students can take up to 4 tests a day, but that is not encouraged.

### **CLASS CHANGING IN 6TH, 7TH, AND 8TH GRADES**

6th graders are assigned one of the three-homeroom teachers. Each teacher covers the core subjects (with exception noted below) in their classroom with the same group of students. However, each homeroom teacher specializes in one of

these three subjects: English, Math, or Science. Students switch to the other 6th grade classrooms each day, for the two subjects that their homeroom doesn't specialize in (English, Math or Science).

7th and 8th graders are assigned one of 6 homeroom teachers. The students start their day in their homeroom for roll call and other announcements. Then students rotate throughout the 9 periods of the day, to teachers who specialize in the various subjects. Students do not travel in the same group, but rather will be mixed with all students from their grade throughout the periods. 7th and 8th graders are assigned lockers and a combination lock. Students store their books and personal items in these lockers, returning to them periodically every other class to switch books. Students are allowed to carry backpacks throughout the day, although not recommended.

## **UNIFORM AND DRESS CODE SUPPLEMENT**

This information is a companion to the St. Francis of Assisi School Dress Code handout given at enrollment. Be sure to consult this handout for questions and watch for notes from the teacher. Dress up and dress down days are defined in the Dress Code.

**Used Uniform Sale:** The Used Uniform Sale, in July, is very helpful to parents. Committee volunteers screen the uniforms before they are available for sale so parents know the clothing is official dress code. At the sale, used uniforms are marked with the name of the previous owner and price. If you like the condition of that uniform and are willing to pay that price, you need to put THAT EXACT AMOUNT of cash/or check in the envelope that is pinned to the uniform and turn it in at the check out. If you do not want to write several checks that day, it is advised that you bring your cash in several denominations as there is no way to make change that day.

New uniforms will also be available that day from Parker at their regular prices.

**Red Ribbon/Catholic Schools Week:** Occasionally during these special school

week celebrations, dress up and dress down days are included. Red Ribbon Week is drug free promotion during October and Catholic Schools Week is in January. During these weeks, be particularly careful in reading the notes regarding appropriate attire sent home with the children. It has been common in the past to celebrate Red Ribbon Week on Friday with everyone wearing a plain red shirt and jeans. If a T-shirt is acceptable at that time, be sure to note that limited conservative graphics are acceptable.

**Girl Scout/Boy Scout Uniforms:** Official Girl Scout and Boy Scout uniforms are acceptable attire the day your student has their scheduled meeting. Girl Scouts may wear their vest over the school uniform and Boy Scouts may wear their Scout shirt with school pants.

**Picture Days:** These are considered Dress Up days. Dress Up Days are defined in the Dress Code for St. Francis. Jeans are not an acceptable choice. There will be two formal picture days. The first is within the first 2 months of school and is the individual child's picture in a more formal background. The second is scheduled in the early Spring and will be individual student's picture in a casual setting.

**Spirit Days:** BE SURE TO READ THE NOTE, or talk to your child. Spirit days generally allow a spirit shirt and jeans (denim blue or black only). You will receive a phone call from your child if they are not dressed appropriately. **Acceptable Spirit Shirts include** this year's SFA shirt or previous year's SFA spirit shirts, Team uniform shirt, SFA Sweatshirts or Standard Uniform. SFA sweatshirt information is printed in the current edition of the uniform policy. If you are unable to find yours, please call the office and they will be able to tell you. Spirit shirts are available for purchase at school registration.

**Last Day of School:** This is usually a free dress day, appropriate for attending mass, for the students. Kindergarten does not come to school this day, as the student population will be dismissed at 9:30 am.

**Field Trips:** Uniform information regarding field trips is usually written on the permission slip that comes home for your signature.

**Fun Run:** This special field trip includes SFA students going to Bishop Carroll High School to run/walk laps on the track. The students are to wear appropriate running attire. This includes t-shirts, sweats, and tennis shoes. No breakaway pants are permitted at any time. If they are to attend Mass on that day, they will need to wear their uniform and change in to their running clothes after Mass.

## **ADMINISTRATIVE AND MEDICAL INFORMATION**

### **SCHOOL PHONE SYSTEM**

The main phone number is 722-5171. The office answers the phones from 7:30 a.m. to 4:30 p.m. There is an answering machine in order to leave messages as needed. The classrooms do not have individual phones. The office staff will connect you to a specific teachers voice mail or you may leave a written message to be placed in their mailbox. Student may use the office phone for important calls. It is not to be used for personal calls. There is a pay phone located outside the gym.

### **INTERNET ACCESS:**

You may access the school and church staff by email at [www.stfranciswichita.com](http://www.stfranciswichita.com). This allows contact to each staff member individually. The site will give the calendar, Accelerated Reader Books available and other valuable information about the school and church.

### **OFFICE CHECK-IN AND CHECK-OUT:**

Office hours are 7:30 a.m. to 4:00 p.m. All parent volunteers must sign-in in the office and get a visitor's badge if volunteering in a classroom. Remember to sign-out when exiting the school and return the badge. You are required to sign in for class parties but badges are not required. Field trips require signing in and out but do not require a badge.

### **SCHOOL ABSENCES:**

An attendance book is maintained for the school so all absences must be reported to the School Office.

- If your child is ill, please call the School Office (722-5171). You may make arrangements with the School Office to pick up the daily homework assigned by your child's teacher.
- If you are planning a vacation during school, you must consult Ms. Buser PRIOR to taking your child from school. You may email or call your teachers if going out of town for homework in advance.

### **LUNCH PROGRAM**

See your child's Rules & Policies booklet or in the child's agendas (3<sup>rd</sup> grade and older). Additional information to the booklet is if your child misses school during the school year, the credit will be taken care of in the last lunch period of the school year.

### **SCHOOL NURSE, COUNSELING PROGRAM, SPEECH-LANGUAGE CLINIC**

See your child's Rules & Policies booklet or agenda (3<sup>rd</sup> grade and older). Services are provided through the USD 259 Coop services. Contact your child's teacher or Kay Suchan. There are many services available so don't be afraid to ask. The monthly/annual calendars will indicate if there are any school days where services are not available.

### **HEALTH POLICIES**

Students who are obviously sick should be kept home from school. This includes but not limited to fever, vomiting, diarrhea, earache, pinkeye or rashes that might be contagious. Students must be without fever for 24 hours (without use of medicine such as Tylenol) before they are allowed to return to school. Please notify the office when you are keeping you child home due to illness. The office will notify the teacher and nurse.

**Communicable Diseases** – Health Department regulations for exclusion from school

- Chicken pox – excluded from school until lesions are fully encrusted or until the 6<sup>th</sup> day onset of rash, whichever comes first.

- Head lice – excluded from school until treated with a pediculicide shampoo or cream rinse and all nits are removed.
- Mononucleosis (Mono) – excluded from school until fever free for 24 hours.
- Pinkeye – excluded from school until 24 hours after antibiotic treatment has begun.
- Ringworm – school attendance is allowed if the student is receiving treatment, but they should not participate in skin to skin contact (i.e., wrestling) until skin lesions are completely healed.
- Scabies (itch mite) – excluded from school until appropriate treatment has begun.
- Staphylococcal infections (i.e., impetigo, abscesses and infected lacerations) – excluded from school until receiving medical treatment.
- Strep throat – excluded from school until 24 hours after treatment with an antibiotic has begun.

**Medication at School:** Parents are encouraged to arrange for medication to be given outside school hours. When it is necessary that medication be given at school, Diocesan policy requires a written request signed by both the parent and a doctor or dentist. The medication must come in the original container marked with the student's name. A form for this purpose is available from the school nurse with the complete guidelines listed. The policy applies to both prescription and over the counter medications. Parents are allowed to come to school and give the medication themselves if that is their preference.

**Physical Exams:** Physical exams are required for kindergarten students and out of state transfer students eight years old and younger. Physicals are obtained from the family's health care provider.

#### **READING 2000 – EAROBICS**

Information will be handed out at registration. Contact Mary Bird, Kay Suchan or Rose Finn if you have any questions throughout the year.

### **SPECIAL PROGRAMS AND ACTIVITIES:**

#### **ENVIRONMENTAL LEARNING FACILITY (ELF)**

Our school garden, just North of the school library, is referred to as the ELF. The garden is available to all classrooms, students, and parents of St. Francis of Assisi School and is maintained by an ELF Garden Maintenance committee. This committee volunteers to weed, water, plant, plan the garden, and maintain the trees and pond.

**ELF Mini Lessons:** Each classroom may adopt any of the 3 responsibilities in the garden for a week, during the school year. (Responsibilities include feeding fish, filling bird feeders, and recording weather.) During the week that the classroom has this responsibility, an adult volunteer takes 5 to 6 students to the garden each day for a 20-minute mini-lesson and responsibility. The mini-lessons and materials are provided. The teachers may choose the first 20 minutes of the school day, or the last 20 minutes of the school day. (Volunteers with children in that classroom will be contacted and are scheduled for 1, 2, 3, 4, or 5 days-- depending on the volunteer's preference.)

**ELF Student Activities:** Students join the ELF after-school organization, and participate in monthly after school presentations or activities related to science. Adult volunteers plan and supervise activities. Student Activities are organized in 2 separate groups: Grades K, 1, 2; and Grades 3 and above. Students who wish to join the ELF Student Activities will be asked to complete a short information sheet each Fall.

#### **RED RIBBON WEEK:**

Red Ribbon Week is a celebration offered by many Kansas schools to promote healthy and smart alternatives to drugs. There is a committee of school staff and parents that plan anti-drug activities for the students through out the week. Usually, there is a note that is sent home about all the different activities and how they will be presented to your child. One day of the week has been reserved for wearing jeans and a solid red shirt. Shirts should be conservative. Shorts are not permissible.

## **FUN NIGHT**

Fun Night is a social function for the entire church community held the Sunday evening before Halloween. There are games for all ages for only 1 ticket per game. Wonderful homemade food may be purchased in the cafeteria all evening. Raffle tickets are sold the end of September until the evening of Fun Night.

This is a great way to get involved and meet people within the school and church community. This is a parish event run by all volunteers of all ages. You are encouraged to be part of the event. Sign-ups will be sent home through school. Profits from the evening are used to benefit the school.

## **STUDENT AMBASSADORS:**

In the 2002-03 school year, a student ambassador program was started at the request of then 7<sup>th</sup> grade students. Ms. Buser chose 15 8<sup>th</sup> grade students to help her with special projects throughout the school year. The students are chosen at the end of their 7<sup>th</sup> grade year based on an application essay written by the student. Some projects for the student ambassadors have been tutoring primary students 2 days a week after school, attending diocesan functions hosted at SFA, and providing welcoming and assistance to the guests unfamiliar with our campus. Ms. Buser relies on these 8<sup>th</sup> grade students for other activities as needed, and is confident they can be called from class for short periods without harming their academic progress.

## **SAFETY PATROL:**

The Safety Patrol of St. Francis of Assisi will be the responsibility of the 5<sup>th</sup> and 6<sup>th</sup> grade students. All students are encouraged to attend. The student volunteers will be assigned patrol duty for a one-week period. A training day for new patrol members will be the Friday before their scheduled week. This training day is mandatory. Depending on the number of volunteers, students may have duty once a month or every other month. The schedule and additional information is provided at the first of the school year.

It is understood that other commitments may not allow your child to be on patrol the entire year. If this is the case, we will work around

the student's schedule as best as possible. If your child is interested, the parent/guardian is required to sign the permission slip. The Patrol is considered a privilege and should be treated by such by all members. The teacher Patrol Committee reserves the right to monitor all school and patrol behavior for continued involvement.

## **GIRL SCOUTS:**

SFA offers troops for every age group: Daisy (Kindergarten), Brownies (1<sup>st</sup> through 3<sup>rd</sup> grade), Juniors (4<sup>th</sup> through 6<sup>th</sup> grade), Cadet (7<sup>th</sup> through 9<sup>th</sup> grade), and Senior (10<sup>th</sup> through 12<sup>th</sup> grade). Their mission is to develop girl's potential, to make new friends and to become a vital part of the parish all in a fun environment. Based on ethical values, it opens a world of opportunities for girls working in partnership with adult volunteers. Please contact our school chairperson, Karen Hanna, at 729-9986 for more information.

## **CUB SCOUT PACK #762:**

SFA offers dens for boys in grades 1<sup>st</sup> through 5<sup>th</sup> grade. The program is designed to help boys develop good sportsmanship, self-reliance, good character, learn teamwork and most of all, have fun. Please contact the Cubmaster, Aaron McPeak, at 773-9238 for more information.

## **BOY SCOUT TROOP #762:**

This is open to boys 11-18 years old. This is a scout-run organization and the youth leadership is elected from the troop. The troop goes camping every month and offers a variety of outdoor activities. Please call the Scoutmaster, Steve Cless, at 722-8164 for more information.

## **YOUTH GROUPS:**

All 6<sup>th</sup>, 7<sup>th</sup>, and 8<sup>th</sup> grade students may join the SFA Youth Group with each group meeting separately. The purpose of the Youth Group is to get students involved early so create more of a carryover into High School. If PSR students are registered at St. Francis, they may also join. The students may join at anytime throughout the year. The annual registration fee is \$5.00.

Not all of the events require a cost but include one social and one community service event. The students are not

required to attend all events. They also try to have a three-grade mixer. Sixth grade parent participation is encouraged. An adult advisor (currently, Bob Ihde) oversees the activities.

All 8<sup>th</sup> grade students are eligible to join the High School Youth Group. There is a registration deadline by June 1<sup>st</sup> of their 8<sup>th</sup> grade year.

#### **MUSIC ACTIVITIES:**

**Concert Choir:** Sr. Stephanie Heskamp leads the Concert Choir, which is for grades 4<sup>th</sup> through 6<sup>th</sup> and practices every Tuesday and Thursday afternoons from 3:30 to 4:30 p.m. (Students are excused from being late if they are on patrol duty.) Try-outs are held at the beginning of the school year. They usually have two concert performances a year, and sing at Christmas Eve Mass, Easter Morning Mass and some special Masses throughout the year. Sr. Stephanie also teaches music to grades 4<sup>th</sup> through 6<sup>th</sup>.

**Concert Chorale:** Ms. Greta Lilly leads the Concert Chorale, which consists of 7<sup>th</sup> and 8<sup>th</sup> grade students. This choir meets on Tuesdays and Thursdays from 3:30 to 4:30 p.m. There are no auditions required. Ms. Lilly also teaches music for grades K-3 and 7-8, directs a school musical for 1<sup>st</sup> graders, 2<sup>nd</sup> and 3<sup>rd</sup> grades combined and a 7<sup>th</sup> and 8<sup>th</sup> grade combined musical.

Both music teachers offer music talent days approximately once a month. These days, a student or a group of students may sing a favorite song with a CDE or, if taking private piano lessons, can play the piano to show their talents. The church also offers organ lessons for students enrolled in private piano lessons, willing to learn and play later for the church, in 5<sup>th</sup> grade and up and if openings are available. Please see Sr. Stephanie for more information.

**Band and Strings:** There are three bands and string classes. The string program is in its fourth year. Sr. Stephanie and Mrs. O'Connell team-teach the string classes. 5<sup>th</sup> grade is the first year that band and strings are available to students. All bands and strings will start on the first day after Labor Day.

#### **Fifth grade band and strings:**

- Begin thinking about instrumental music in the 4<sup>th</sup> grade.
- In the spring of the 4<sup>th</sup> grade, parents and students should visit a music store so that the students can try playing the instruments.
- The best time to buy instruments is in the spring before the 5<sup>th</sup> grade. More used instruments are available then.
- If a student plans on using a previously owned instrument, it should be taken to a music store to be checked for playability the spring before the 5<sup>th</sup> grade. It is best to have the instrument repaired during the summer. If waiting until the beginning of the school year, be aware there is a month's delay for repairs so the student would not be ready to play when school starts.
- A band display will be scheduled at the beginning of the school year. Items available at the display are music supplies, music books, and new and used instruments on a "rent-to-buy" program. The school does not supply instruments.
- The schedule, subject to change, is as follows:

Monday	flutes, oboes and clarinets
Tuesday	brass, saxophones & strings
Wednesday	drums
Thursday	strings
Friday	full band (no strings)
- The 5<sup>th</sup> grade band and strings will perform a Christmas and Spring program

#### **Sixth grade band and strings:**

The 6<sup>th</sup> grade band and strings have the same schedule, subject to change, as the 5<sup>th</sup> grade. The difference is that the music is more challenging, and there are more performances. Programs include Christmas, Spring Music Festival and spring program.

#### **Seventh and Eighth grade band and strings:**

The schedule, subject to change, is the same as the 5<sup>th</sup> grade except that on Thursdays includes full band and strings. Programs held for the 7<sup>th</sup> and 8<sup>th</sup> grade include pep assemblies, one half time show with the Bishop Carroll Catholic High School

Band, Christmas, St. Patrick's parade, Music Festival and spring concert.

**SPORTS OR ATHLETICS:**

Students, who participate in sports at St. Francis of Assisi, will compete in the Catholic Schools Activity League. Students must have a physical form (signed by a doctor) on file with the school office, before attending any practices or games.

There is no additional fee for SFA sports or uniforms, with the exception of Cheerleaders. (Cheerleaders are responsible for purchasing their uniform items, and training camp. They usually hold money-raisers to cover this.)

The following sports are organized at SFA:

- Football 7th and 8th boys only
- Volleyball 6th, 7th, and 8th girls only in Fall
- Basketball 6th, 7th, and 8th girls and boys in Winter
- Track 6th, 7th, and 8th girls and boys in Spring
- Cross Country 6th, 7th, and 8th girls and boys in Fall
- Cheerleading 8th grade girls only  
Fall and Winter

(Cheerleading try-outs are held in late Spring of 7th grade year.)

**Detention for Sporting Events:** Students, who receive detention, will be suspended from the team (including practices and games) during the period of the detention. This policy is set by Catholic School Athletic League (CSAL) and applies to all participating schools.

**7th & 8th Boys Football**

**Team selection--**At least 3 practices are announced and supervised by the volunteer coaches as the tryouts. These practices are combined for 7th and 8th grade students. If less than 50 students try out, (from both grades combined) one team is formed. If more than 50 students try out, the coaches will form two teams and consist of one 7th and one 8th grade team. All students are placed on a team--there are no "cuts". If 2 teams are formed, and the 8th grade team is short of players, some 7th grade students may be allowed to play with the 8th grade team. Once a 7th grader plays on an 8th

grade team, he will not be allowed to play again on the 7th grade team.

**Season time table--**approximately August 15 to November 15

**When the practices are:** Practices are approximately 3 times a week, and determined by the coaches and Athletic Director. Practices are held at Bishop Carroll practice field.

**When games are:**

7th grade: Saturdays at Garden Plain High School field

8th grade: Sunday afternoons at Bishop Carroll practice field

Students can go out for cross-country and Football in the same season. Students can go out for cross-country and Volleyball in the same season. Students can go out for Cheerleading and Volleyball or cheerleading and Cross-country in the same season, but not Cheerleading and basketball in the same season.

All coaches are volunteers and are approved and supervised by the SFA Athletic Director.

The Athletic Director is chosen by the Pastor, and is a volunteer position. The Athletic Director is the chairman of an Athletic Committee that is made up of 6 volunteers. The Athletic Committee makes and changes sports policy at SFA. For more information, refer to the Athletic Guidelines Document.

**6th, 7th, and 8th Girls Volleyball**

**Team selection--**6th, 7th, and 8th graders will try-out, practice, and play only with girls from their grade. Each grade has separate teams. See "Sports Policies and Procedures" Manual in school office.

**Season time table--**approximately August 15 to November 15

**When the practices are:** Practices will be approximately 3 times a week, and are determined by the coaches and Athletic Director. Practices are held at SFA gym.

**When games are:** 6th graders play on Saturdays only at various Catholic Schools in Wichita. 7th and 8th graders, play weeknights and Saturdays at various Catholic Schools in Wichita.

### **6th, 7th, and 8th Boys and Girls Cross Country**

**Team Selection**--All 6th, 7th, and 8th grade students will train together, under the same coaches and there are no cuts. At the cross-country meets, the 6th and 7th grades are combined in the one-mile run. The 8th grade event is a two-mile run.

**Season time table**--Approximately August 15 to November 1

**When the practices are:** Practices will be approximately 5 times a week, and are determined by the coaches and Athletic Director. Practice begins at Bishop Carroll High School.

**When the meets are:** Saturday mornings at various parks or schools in the area. The league meet is usually held on a Friday afternoon.

### **6th, 7th, and 8th Girls Basketball**

**Team selection**--6th, 7th, and 8th graders will try-out, practice, and play only with girls from their grade. Each grade has separate teams. See "Sports Policies and Procedures" Manual in school office

**Season time table**--approximately November 15 to February 15

**When the practices are:** Practices will be approximately 3 times a week, and are determined by the coaches and Athletic Director. Practices are held at SFA gym.

**When games are:** 6th graders play on Saturdays only at various Catholic Schools in Wichita. 7th and 8th graders, play weeknights and Saturdays at various Catholic Schools in Wichita.

### **6th, 7th, and 8th Boys Basketball**

**Team selection**--6th, 7th, and 8th graders will try-out, practice, and play only with boys from their grade. Each grade has separate teams. See "Sports Policies and Procedures" Manual in school office

**Season time table**--approximately November 15 to February 15

**When the practices are:** Practices will be approximately 3 times a week, and are determined by the coaches and Athletic Director. Practices are held at SFA gym.

**When games are:** 6th graders play on Saturdays only at various Catholic Schools in Wichita. 7th and 8th graders, play weeknights and Saturdays at various Catholic Schools in Wichita.

### **6th, 7th, and 8th Boys and Girls Track**

**Team Selection**--All students will train together, under the same coaches, and there are no cuts. At the track meets, the students will compete against students in their grade only, and girl's events separate from boy's events.

**Track events:** An athlete may participate in 3 events per track meet. The running events are Hurdles; 75M, 100M, 200M, and 400M Dash; 800M, and 1600M Run; and Relays. The field events are Long jump, High jump, shot put, and discuss throw.

**Season time table**--Approximately March 15 to May 15

**When the practices are:** Practices will be approximately 3 times a week, and are determined by the coaches and Athletic Director. Practice is held at Bishop Carroll High School track.

**When the meets are:** Saturdays at Bishop Carroll Track. Meets will include all schools in the Catholic School League.

### **8th Grade Girls Cheerleading**

**Team Selection**--Cheerleading try-outs are held in May of the girl's 7th grade year.

Girls, who wish to try-out, attend 3 to 5 "try-out" practices, where the current 8th grade cheerleaders teach them a cheer, a chant, and a dance. See "Sports Policies and Procedures" Manual in the school office.

**Season Timetable**--Approximately May 1, of 7th grade year, to May 1 of 8th grade year.

**When the practices are:** Practices will usually be once a week after school, as determined by the cheerleading coach.

**When the games are:** Cheerleaders cheer for all 8th grade football games, held on Sunday afternoons, at Bishop Carroll practice field. Cheerleaders cheer for all boys and girls 8th grade basketball teams, but not all the games. They alternate games, so they usually cheer at 1 to 2 games on Saturday or Sunday, at various Catholic Schools in Wichita.

Cheerleaders also organize and perform at approximately 4 pep rallies during the school year, which are held in SFA gym from approximately 2:00 to 3:00 during a school day.