



TRY THE SPORT. LEARN THE SKILLS.

## THE GOAL

To learn the sport of wrestling in a supportive social environment. No experience necessary. Our team of experienced coaches will train you and set you up for success.

#### SELF-IMPROVEMENT

Grow in strength, speed, coordination, and confidence. Compete as a team in duals and tournament format.

## **GROW AS A TEAM**

Each year, the West Side Eagles Wrestling team has grown tremendously. We fully expect continued growth this year in numbers and camaraderie.

# COMPETITION

2 Duals- 11/7 @KMC, 11/14 @BC Tournament-11/11 @BC CSAL Championship- 11/18 @KMC

### COST

\$40. includes 2 T-shirts and shorts for competitions.

# **WEST SIDE EAGLES** MIDDLE SCHOOL WRESTLING



LOCATION:

EAGLE'S LANDING/WRESTLING ROOM



DATE:

PRACTICE STARTS OCT 23RD MON-FRI



TIME: 6 PM-730 PM



**GRADES: 6TH - 8TH** 

Note: Though they practice at the same time, boys will practice and compete against boys. girls will practice and compete against girls.

WE LOOK FORWARD TO ANOTHER SUCCESSFUL SEASON. BRING A FRIEND!



